

## What is SoeMac?

It is the first, and only, home use Singlet Oxygen Energy (SOE) unit available anywhere in the world. It is now possible to receive the health benefits that have been exclusively available in hospitals and clinics for 20 years.

## Why is it called SoeMac?

This stands for Singlet Oxygen Energy Micro Air Conditioner.

## How does it work?

The very simple explanation is that it increases the amount of energy in the oxygen passing through the device, and makes it easier for us to use, and better for us.

The more scientific explanation is that the SoeMac helps relax the lungs, allowing more oxygen into the body, and adds some “excitation” energy to the oxygen molecules, which is transported in the molecular bonds. This small increase in energy is very beneficial; as a result of more oxygen at the cellular level and this extra energy, the mitochondria in the cells produce more ATP (the body’s source of energy), with all of the associated benefits.

## When and how should I use it?

It is recommended to use at night time. Place the unit next to your bed at night. It can also be used in the office or at home if you wish. It is important to keep all doors and windows closed or ajar, enough to prevent a draught or too much air-flow, to get the maximum benefit from it. It is a freestanding unit and you don’t have to be physically connected to it in any way. It plugs into the wall and is almost silent, and uses less electricity than a 100w light bulb.

## Am I connected to a mask or cannula?

No. We specifically designed the SoeMac to be unobtrusive and non-invasive. It is a natural product not a medical treatment and something that can easily be used in your every day life.

## Who is it beneficial for?

Everyone can benefit from a SoeMac™. It is particularly helpful if you are suffering from low energy levels, sleep problems, breathing problems or if you participate in sporting activity. We have seen positive results in the following four groups:

1. ASD and autism - children and adults with ASD/autism who report poor sleep show improvements in their sleep patterns and resulting cognitive functions.
2. People with sleeping disorders and poor sleep.
3. Those with breathing disorders such as COPD, asthma and emphysema.
4. ME, fatigue and energy deficiency disorders, such as fibromyalgia, chronic fatigue syndrome and MS.

### What are the benefits?

The benefits that you will feel will vary depending on your current health and your personal goals with the product. You should experience deeper sleep patterns early on, which will result in feeling more alert and refreshed in the morning. If you are using SoeMac in relation to sport, then you may feel benefits in your training and activity, however this will also be influenced by the duration of use.

### How soon will I notice the benefits?

Everyone is different so it varies from person to person, however you should start to feel the benefit within two to three weeks. We're very confident it will work and offer a money back guarantee if you don't feel any benefits after the first four weeks of use\*.

### So is it the same as an air purifier?

No. An air purifier only filters particles out of the air, whereas a SoeMac unit adds energy to the oxygen, which the human body recognises and utilises. The SoeMac also helps to relax the lungs, and allows more oxygen to be delivered to the cellular level.

### What if it doesn't work?

With first-hand experience and the scientific evidence that has gone into the development of the SoeMac unit, we see that it will work for most people. However if you don't feel any benefit after the first four weeks, we will offer you a full money back guarantee\*.

### Is it completely safe to use?

There have been no reported side effects from using a SoeMac unit in any trials or with any personal use. You may experience a small number of initial adverse reactions as the body starts to detox and rebalance itself. This might include a slight headache, clearance of excess mucus, joint or muscle aches, or excess wind.

### What happens if you stop using it?

If you stop using it you may find that you experience a drop in your energy levels and your sleep may become disrupted. Some people who have been using the SoeMac for a time, may not notice ceasing to use it for a few days, as their body will be functioning better than it was. Over time they will notice a return to their original condition.

### Should you use SoeMac all the time?

It is perfectly safe to use SoeMac all the time, however you can stop and start using it as you wish. Healthy people may use the SoeMac without observing the length of the duration. For people suffering from stress or illness, we suggest that during the first three days the SoeMac be used for just a few hours; days 4, 5 and 6 for more, and from the 7th day for unlimited periods.

How much is it?

It is £340 + vat (£408) per unit. This includes the SoeMac machine and three extra filters. This price includes VAT (at 20%), UK delivery, a 30-day money back guarantee, and a 2-year parts warranty.

If we haven't answered your question, please email [info@healthoxygen.com](mailto:info@healthoxygen.com)

*\* Unit must be returned in its original condition and full working order. A phone call or email contact needs to be made within 30 days of purchase date. No return has ever been refused.*